



Lincolnshire Parent Connect Events

Exclusively for LINCOLNSHIRE families!

An opportunity to connect with other parents and carers, learn about topics relevant to families in Lincolnshire, and share ideas on how to support each other.

Wednesday 3 rd February 2021 2.00pm-2.45pm	5 Ways to Wellbeing <i>This session includes simple exercises and ideas that can be used by families as well as ideas families can go on to use to further support their mental health and wellbeing.</i>
Wednesday 10 th February 2021 2.00pm-2.45pm	Supporting your Child's Speech and Language Development <i>In this session we explore the importance of speech and language development and how you can support communication.</i>

To register for the full list of Parent Connect sessions, please click [here](#). You can then confirm attendance weekly with the session facilitator after your first visit.

